



2004 • 2547

This year 2004 calendar features images taken by various photographers including Irene Monti (May, July, Sept & Dec), Sammita (Feb, April & Nov), Jeff Pick (Jan, Aug) and Carlo Nicolai (Oct).

The scriptural quotes on each page are English renderings of verses from the Dhammapada taken from "A Dhammapada for Contemplation" (River Publications).

Grateful appreciation is expressed to all those who have given their assistance with this production.

## LUNAR OBSERVANCE DAYS      ◐ ◑ ◒ ◓

These are days devoted to quiet reflection at the monastery. Visitors may come and take the Precepts for the day and join in all or part of the extended evening meditation.

The dates for the lunar observances are determined by a traditional method of calculation, and are not always the same dates as the precise astronomical occurrences.

## THE MAJOR FULL-MOON DAYS OF 2004 / 2547 - 48

*Magha Puja* March 5 ('Sangha Day')

Commemorates the spontaneous gathering of 1250 arahants, to whom the Buddha gave the exhortation on the basis of the discipline (*Ovada Patimokkha*).

*Vesakha Puja (Wesak)* June 2 ('Buddha Day')

Commemorates the birth, enlightenment and passing away of the Buddha.

*Asalha Puja* July 31 ('Dhamma Day')

Commemorates the Buddha's first discourse, given to the five samanas in the Deer Park at Sarnath, near Varanasi. The traditional Rainy-Season Retreat (*Vassa*) begins on the next day.

*Pavarana Day* October 28

This marks the end of the three-month Vassa-retreat. In the following month, lay people may offer the Kathina-robe as part of a general alms-giving ceremony.

## WEB ADDRESSES FOR THIS FOREST SANGHA COMMUNITY

**[www.forestsangha.org](http://www.forestsangha.org)**  
**[www.dhammatalks.org.uk](http://www.dhammatalks.org.uk)**

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*Blessed is the arising of a Buddha; blessed is the revealing of the Dhamma;  
blessed is the concord of the Sangha; delightful is harmonious communion. (Dhp. v. 194)*

2004

# January

2547

|   |        |        |   |
|---|--------|--------|---|
|   | Thu 1  | Sat 17 |   |
|   | Fri 2  | Sun 18 |   |
|   | Sat 3  | Mon 19 |   |
|   | Sun 4  | Tue 20 |   |
|   | Mon 5  | Wed 21 | ● |
| ○ | Tue 6  | Thu 22 |   |
|   | Wed 7  | Fri 23 |   |
|   | Thu 8  | Sat 24 |   |
|   | Fri 9  | Sun 25 |   |
|   | Sat 10 | Mon 26 |   |
|   | Sun 11 | Tue 27 |   |
|   | Mon 12 | Wed 28 |   |
|   | Tue 13 | Thu 29 | ◐ |
| ◐ | Wed 14 | Fri 30 |   |
|   | Thu 15 | Sat 31 |   |
|   | Fri 16 |        |   |

*Ven. Ajahn Chah Memorial Day*



*You become a monk or a nun by seeing through this world with understanding, by rising above good and bad and living a life of purity and contemplation. (Dhp. v. 267)*

2004

# February

2547

|   |        |        |   |
|---|--------|--------|---|
|   | Sun 1  | Mon 16 |   |
|   | Mon 2  | Tue 17 |   |
|   | Tue 3  | Wed 18 |   |
|   | Wed 4  | Thu 19 | ● |
| ○ | Thu 5  | Fri 20 |   |
|   | Fri 6  | Sat 21 |   |
|   | Sat 7  | Sun 22 |   |
|   | Sun 8  | Mon 23 |   |
|   | Mon 9  | Tue 24 |   |
|   | Tue 10 | Wed 25 |   |
|   | Wed 11 | Thu 26 |   |
|   | Thu 12 | Fri 27 | ◐ |
| ◑ | Fri 13 | Sat 28 |   |
|   | Sat 14 | Sun 29 |   |
|   |        |        |   |
|   |        |        |   |



*Having transformed evil one is called a great being. Living peacefully one is called a contemplative.  
Having given up impurity one is called a renunciate. (Dhp. v. 388)*

2004

March

2547

|   |                     |        |
|---|---------------------|--------|
|   | Mon 1               | Wed 17 |
|   | Tue 2               | Thu 18 |
|   | Wed 3               | Fri 19 |
|   | Thu 4               | Sat 20 |
| ○ | Magha Puja<br>Fri 5 | Sun 21 |
|   | Sat 6               | Mon 22 |
|   | Sun 7               | Tue 23 |
|   | Mon 8               | Wed 24 |
|   | Tue 9               | Thu 25 |
|   | Wed 10              | Fri 26 |
|   | Thu 11              | Sat 27 |
|   | Fri 12              | Sun 28 |
| ◐ | Sat 13              | Mon 29 |
|   | Sun 14              | Tue 30 |
|   | Mon 15              | Wed 31 |
|   | Tue 16              |        |



*One who transforms old and heedless ways into fresh and wholesome acts  
brings light into the world like the moon freed from clouds. (Dhp. v. 173)*

2004

April

2547

|   |        |        |
|---|--------|--------|
|   | Thu 1  | Sat 16 |
|   | Fri 2  | Sun 17 |
|   | Sat 3  | Mon 18 |
| ○ | Sun 4  | Tue 19 |
|   | Mon 5  | Wed 20 |
|   | Tue 6  | Thu 21 |
|   | Wed 7  | Thu 22 |
|   | Thu 8  | Fri 23 |
|   | Fri 9  | Sat 24 |
|   | Sat 10 | Sun 25 |
|   | Sun 11 | Mon 26 |
| ◐ | Mon 12 | Tue 27 |
|   | Tue 13 | Wed 28 |
|   | Wed 14 | Thu 29 |
|   | Thu 15 | Fri 30 |



*The Awakened Ones can but point the way;  
we must make the effort ourselves. (Dhp. v. 276)*

2004

May

2547

|   |        |        |   |
|---|--------|--------|---|
|   | Sat 1  | Mon 17 |   |
|   | Sun 2  | Tue 18 | ● |
| ○ | Mon 3  | Wed 19 |   |
|   | Tue 4  | Thu 20 |   |
|   | Wed 5  | Fri 21 |   |
|   | Thu 6  | Sat 22 |   |
|   | Fri 7  | Sun 23 |   |
|   | Sat 8  | Mon 24 |   |
|   | Sun 9  | Tue 25 |   |
|   | Mon 10 | Wed 26 | ◐ |
| ◐ | Tue 11 | Thu 27 |   |
|   | Wed 12 | Fri 28 |   |
|   | Thu 13 | Sat 29 |   |
|   | Fri 14 | Sun 30 |   |
|   | Sat 15 | Mon 31 |   |
|   | Sun 16 |        |   |



*Beware of the attachment that springs from fondness, for separation from those one holds dear is painful, while if you take sides neither for nor against, there will be no bondage. (Dhp. v. 211)*

2004

June

2547

|   |                              |        |   |
|---|------------------------------|--------|---|
|   | Tue 1                        | Wed 16 | ● |
| ○ | <i>Vesakha Puja</i><br>Wed 2 | Thu 17 |   |
|   | Thu 3                        | Fri 18 |   |
|   | Fri 4                        | Sat 19 |   |
|   | Sat 5                        | Sun 20 |   |
|   | Sun 6                        | Mon 21 |   |
|   | Mon 7                        | Tue 22 |   |
|   | Tue 8                        | Wed 23 |   |
|   | Wed 9                        | Thu 24 | ◐ |
| ◐ | Thu 10                       | Fri 25 |   |
|   | Fri 11                       | Sat 26 |   |
|   | Sat 12                       | Sun 27 |   |
|   | Sun 13                       | Mon 28 |   |
|   | Mon 14                       | Tue 29 |   |
|   | Tue 15                       | Wed 30 |   |





*The beauty of pure conduct conditions whole-hearted well-being  
Giving rise to complete freedom from remorse. (Dhp. v. 276)*

2004

July

2547

|   |        |                           |   |
|---|--------|---------------------------|---|
| ○ | Thu 1  | Sat 17                    |   |
|   | Fri 2  | Sun 18                    |   |
|   | Sat 3  | Mon 19                    |   |
|   | Sun 4  | Tue 20                    |   |
|   | Mon 5  | Wed 21                    |   |
|   | Tue 6  | Thu 22                    |   |
|   | Wed 7  | Fri 23                    |   |
|   | Thu 8  | Sat 24                    | ◐ |
| ◐ | Fri 9  | Sun 25                    |   |
|   | Sat 10 | Mon 26                    |   |
|   | Sun 11 | Tue 27                    |   |
|   | Mon 12 | Wed 28                    |   |
|   | Tue 13 | Thu 29                    |   |
|   | Wed 14 | Fri 30                    |   |
|   | Thu 15 | Sat 31 <i>Asalha Puja</i> | ○ |
| ● | Fri 16 |                           |   |



*Life is not easy for those who have a sense of shame, who are modest, pure-minded and detached, morally upright and reflective. (Dhp. v. 245)*

2004

# August

2547

|   |        |  |
|---|--------|--|
| <i>Enter Vassa</i>  | Sun 1  | Tue 17   |
|   | Mon 2  | Wed 18   |
|   | Tue 3  | Thu 19   |
|   | Wed 4  | Fri 20   |
|   | Thu 5  | Sat 21   |
|   | Fri 6  | Sun 22   |
|   | Sat 7  | Mon 23  |
|  | Sun 8  | Tue 24   |
|   | Mon 9  | Wed 25   |
|   | Tue 10 | Thu 26   |
|   | Wed 11 | Fri 27   |
|   | Thu 12 | Sat 28   |
|   | Fri 13 | Sun 29   |
|   | Sat 14 | Mon 30  |
|  | Sun 15 | Tue 31   |
|   | Mon 16 |  |



*You should follow the ways of those who are steadfast, discerning, pure and aware,  
just as the moon follows the path of the stars. (Dhp. v. 208)*

2004

# September

2547

|   |        |        |   |
|---|--------|--------|---|
|   | Wed 1  | Thu 16 |   |
|   | Thu 2  | Fri 17 |   |
|   | Fri 3  | Sat 18 |   |
|   | Sat 4  | Sun 19 |   |
|   | Sun 5  | Mon 20 |   |
|   | Mon 6  | Tue 21 | ☾ |
|   | Tue 7  | Wed 22 |   |
|   | Wed 8  | Thu 23 |   |
|   | Thu 9  | Fri 24 |   |
| ☾ | Fri 10 | Sat 25 |   |
|   | Sat 11 | Sun 26 |   |
|   | Sun 12 | Mon 27 |   |
| ● | Mon 13 | Tue 28 | ☉ |
|   | Tue 14 | Wed 29 |   |
|   | Wed 15 | Thu 30 |   |



*It is a fool who indulges in dreaming about the most comfortable place to live,  
saying, "Here it will be warm, there it will be cool" – unaware of impending death. (Dhp. v. 286)*

2004

October

2547

|   |        |        |                                    |
|---|--------|--------|------------------------------------|
|   | Fri 1  | Sun 17 |                                    |
|   | Sat 2  | Mon 18 |                                    |
|   | Sun 3  | Tue 19 |                                    |
|   | Mon 4  | Wed 20 |                                    |
|   | Tue 5  | Thu 21 | ☾                                  |
|   | Wed 6  | Fri 22 |                                    |
|   | Thu 7  | Sat 23 |                                    |
| ☾ | Fri 8  | Sun 24 |                                    |
|   | Sat 9  | Mon 25 |                                    |
|   | Sun 10 | Tue 26 |                                    |
|   | Mon 11 | Wed 27 |                                    |
|   | Tue 12 | Thu 28 | ☉ <i>Pavarana Day (Vassa ends)</i> |
| ● | Wed 13 | Fri 29 |                                    |
|   | Thu 14 | Sat 30 |                                    |
|   | Fri 15 | Sun 31 |                                    |
|   | Sat 16 |        |                                    |



*Having cleared all the hindrances to the Path – greed, rage, dullness and laziness, worry, anxiety and doubt  
– the noble being freely moves on. (Dhp. v. 295)*

2004

November

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|   |        |        |                          |
|---|--------|--------|--------------------------|
|   | Mon 1  | Tue 16 |                          |
|   | Tue 2  | Wed 17 |                          |
|   | Wed 3  | Thu 18 |                          |
|   | Thu 4  | Fri 19 | ☾                        |
| ☾ | Fri 5  | Sat 20 |                          |
|   | Sat 6  | Sun 21 |                          |
|   | Sun 7  | Mon 22 |                          |
|   | Mon 8  | Tue 23 |                          |
|   | Tue 9  | Wed 24 |                          |
|   | Wed 10 | Thu 25 |                          |
| ● | Thu 11 | Fri 26 | ○ <i>Anapanasati Day</i> |
|   | Fri 12 | Sat 27 |                          |
|   | Sat 13 | Sun 28 |                          |
|   | Sun 14 | Mon 29 |                          |
|   | Mon 15 | Tue 30 |                          |



*By endeavour, vigilance, restraint and self-control,  
let the wise make islands of themselves which no flood can overwhelm. (Dhp. v. 25)*

2004

# December

2548

|   |        |        |   |
|---|--------|--------|---|
|   | Wed 1  | Fri 17 |   |
| ● | Thu 2  | Sat 18 |   |
|   | Fri 3  | Sun 19 |   |
|   | Sat 4  | Mon 20 | ○ |
|   | Sun 5  | Tue 21 |   |
|   | Mon 6  | Wed 22 |   |
|   | Tue 7  | Thu 23 |   |
|   | Wed 8  | Fri 24 |   |
|   | Thu 9  | Sat 25 |   |
| ◐ | Fri 10 | Sun 26 | ◑ |
|   | Sat 11 | Mon 27 |   |
|   | Sun 12 | Tue 28 |   |
|   | Mon 13 | Wed 29 |   |
|   | Tue 14 | Thu 30 |   |
|   | Wed 15 | Fri 31 |   |
|   | Thu 16 |        |   |

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# ASSOCIATED MONASTERIES AND CENTRES

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Below are addresses of monasteries founded by Western disciples of Ajahn Chah, and associated centres.

The portal page for this community worldwide is:

[www.forestsangha.org](http://www.forestsangha.org)

## BRITAIN:

**Amaravati Buddhist Monastery**  
Great Gaddesden, Hemel Hempstead,  
Hertfordshire HP1 3BZ  
Tel. Office: +44 (0)144 284 2455  
Fax. +44 (0)144 284 3721  
Retreat Centre: +44 (0)144 284 3239  
[www.amaravati.org](http://www.amaravati.org)

**Aruna Ratanagiri:**  
Harnham Buddhist Monastery,  
Harnham, Belsay, Northumberland NE20 0HF  
Tel. +44 (0)1661 881 612  
Fax. +44 (0)1661 881 019  
[www.ratanagiri.org.uk](http://www.ratanagiri.org.uk)

## SWITZERLAND:

**Kloster Dhammapala**  
Am Waldrand,  
CH-3718 Kandersteg.  
Tel. +41 (0)33 675 21 00  
Fax. +41 (0)33 675 22 41

## AUSTRALIA:

**Bodhinyana Monastery**  
Lot 1, Kingsbury Drive,  
Serpentine 6205, WA.  
Tel. +61 (0)8 9525 2420  
Fax. +61 (0)8 9525 3420  
[www.dhammaloka.org.au](http://www.dhammaloka.org.au)

## NEW ZEALAND:

**Auckland Buddhist Vihara**  
29 Harris Road,  
Mt. Wellington,  
Auckland.  
Tel. +64 (0)9 5795 443

## NORTH AMERICA:

**Abhayagiri Buddhist Monastery**  
16201 Tomki Rd., Redwood Valley,  
CA 95470, USA.  
Tel. +1 (707) 485 1630  
Fax. +1 (707) 485 7948  
[www.abhayagiri.org](http://www.abhayagiri.org)

## BRITAIN:

**Cittaviveka:**  
Chithurst Buddhist Monastery  
Chithurst (W. Sussex), Petersfield,  
Hampshire GU31 5EU  
Tel. +44 (0)1730 814 986  
Fax. +44 (0)1730 817 334

**Hartridge Buddhist Monastery**  
Odle Cottage,  
Upottery, Honiton  
Devon EX14 9QE  
Tel. +44 (0)1404 89 1251  
Fax. +44 (0)1404 89 0023

## ITALY:

**Santacittarama**  
Localita "Le Brulla",  
02030 Frasso Sabino (Rieti), Italy.  
Tel./Fax. +39 07 6587 2186  
[www.santacittarama.org](http://www.santacittarama.org)

## AUSTRALIA:

**Bodhivana Monastery**  
780 Woods Point Road,  
East Warburton,  
Victoria 3799  
Tel. +61 (0)3 5966 5999  
Fax. +61 (0)3 5966 5998

## NEW ZEALAND:

**Bodhinyanarama Monastery**  
17 Rakau Grove, Stokes Valley,  
Wellington.  
Tel. +64 (0)4 5637 193  
Fax. +64 (0)4 5635 125  
[www.bodhinyanarama.net.nz](http://www.bodhinyanarama.net.nz)

## THAILAND:

**Wat Pah Nanachat**  
Bahn Bung Wai,  
Amper Warin,  
Ubon 34310.