



Alert to the needs of  
the journey, those  
on the path of  
awareness, like  
swans, glide on,  
leaving behind their  
former resting  
places.



Forest Sangha  
Calendar  
2009/2552

This 2009 calendar features pictures by a variety of photographers.  
We are grateful for their generous contribution.

Scriptural quotes on each page are English renderings of texts from the Pali Canon.  
The translations are extracts from:  
"A Dhammapada for Contemplation" (2006 © Aruna Pubs).  
(For full or literal translations please refer to other works)

Appreciation is expressed to all who have offered assistance with this production.

#### LUNAR OBSERVANCE DAYS ● ◐ ◑ ○

These days are devoted to quiet reflection at the monastery. Visitors may come and take the Precepts for the day and join in all or part of the extended evening meditation.

The dates for the lunar calendar are determined by traditional methods of calculation, and are not always the same as the precise astronomical occurrences.

#### THE MAJOR FULL-MOON DAYS OF 2009-2552/53

*Magha Puja* February 9 ('Sangha Day')

Commemorates the spontaneous gathering of 1250 arahants, to whom the Buddha gave the exhortation on the basis of the discipline (*Ovada Patimokkha*).

*Vesakha Puja* (Wesak) May 8 ('Buddha Day')

Commemorates the birth, enlightenment and passing away of the Buddha.

*Asalha Puja* July 7 ('Dhamma Day')

Commemorates the Buddha's first discourse, given to the five samanas in the Deer Park at Sarnath, near Varanasi. The traditional Rainy-Season Retreat (*Vassa*) begins on the next day.

*Pavarana Day* October 4

This marks the end of the three-month *Vassa*-retreat. In the following month, lay people may offer the Kathina-robe as part of a general alms-giving ceremony.

#### WEB ADDRESSES FOR THIS FOREST SANGHA COMMUNITY

[www.forestsangha.org](http://www.forestsangha.org)  
[www.dhammathreads.org](http://www.dhammathreads.org)  
[www.dhammatalks.org.uk](http://www.dhammatalks.org.uk)



Health is the greatest gain.  
Contentment is the greatest wealth.  
A trustworthy friend is the best of kin.  
Unconditional freedom is the highest bliss.

*Dhammapada v. 204*

## January 2009/2552

T F S S M T W T F S S M T W T F S S M T W T F S  
1 2 4 5 6 7 8 9 11 12 13 14 15 16\* 17 19 20 21 22 23 24 26 27 28 29 30 31

\*Ajahn Chah Memorial Day



One who abides in Dhamma,  
who delights in Dhamma,  
who contemplates Dhamma,  
who memorises Dhamma  
does not lose the Way.

*Dhammapada v. 364*

## February 2009/2552

S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S							
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28

\*Magha Puja

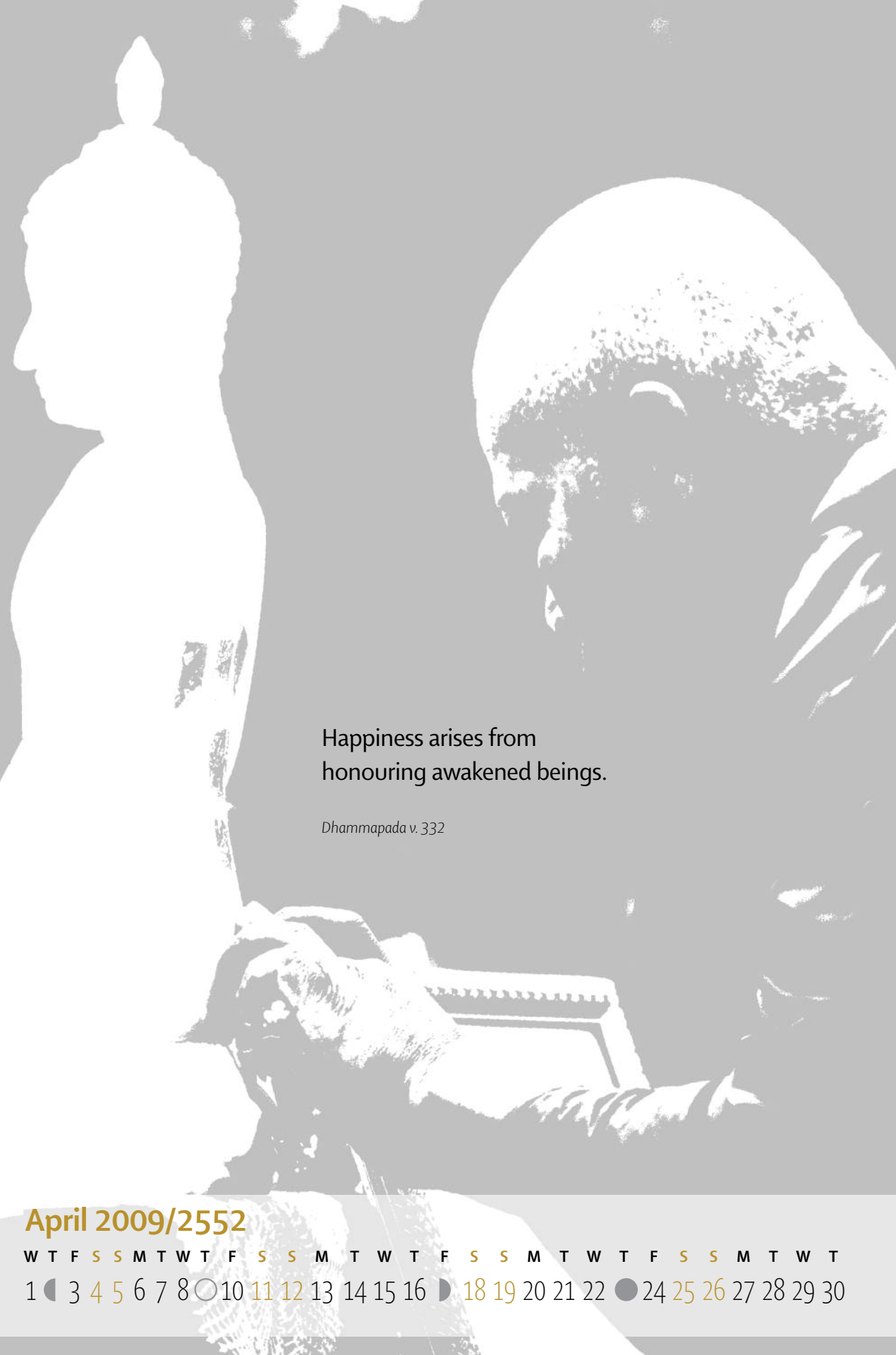


Freeing themselves from longing,  
unhindered by habitual grasping,  
those who align themselves with the Way  
delight in non-attachment  
and, while still in the world,  
are radiant.

*Dhammapada v.89*

**March 2009/2552**

S M T W T F S S M T W T F S S M T W T F S S M T  
1 2 ◐ 4 5 6 7 8 9 ○ 11 12 13 14 15 16 17 ◑ 19 20 21 22 23 24 ● 26 27 28 29 30 31



Happiness arises from  
honouring awakened beings.

*Dhammapada v. 332*

**April 2009/2552**

W T F S S M T W T F S S M T W T F S S M T W T  
1 3 4 5 6 7 8 10 11 12 13 14 15 16 18 19 20 21 22 24 25 26 27 28 29 30



Be careful in what you say,  
restrained in what you think,  
and impeccable in how you act.  
Purifying these three ways of behaviour  
will take you along the Way of the sages.

*Dhammapada v. 281*

## May 2009/2552

F S S M T W T F S S M T W T F S S M T W T F S S  
☾ 2 3 4 5 6 7 8 9 10 11 12 13 14 15 ☽ 17 18 19 20 21 22 ● 24 25 26 27 28 29 30 ☾

\*Vesakha Puja



The protected and guarded mind  
leads to ease of being.  
Though subtle, elusive and hard to see,  
one who is alert  
should tend to and watch over this mind.

*Dhammapada v. 36*



June 2009/2552

M T W T F S S M T W T F S S M T W T F S S M T  
1 2 3 4 5 6 8 9 10 11 12 13 14 16 17\* 18 19 20 21 23 24 25 26 27 28 29

\*Ajahn Chah Birthday



Do not dwell on the faults  
and shortcomings of others,  
instead, seek clarity  
about your own.

*Dhammapada v. 50*

## July 2009/2552

W T F S S M T W T F S S M T W T F S S M T W T F  
1 2 3 4 5 6 ⑧ 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

\*Asalha Puja \*Vassa

As a bee gathering nectar  
does not harm or disturb  
the colour and fragrance of the flower,  
so do the wise move through the world.

*Dhammapada v. 49*

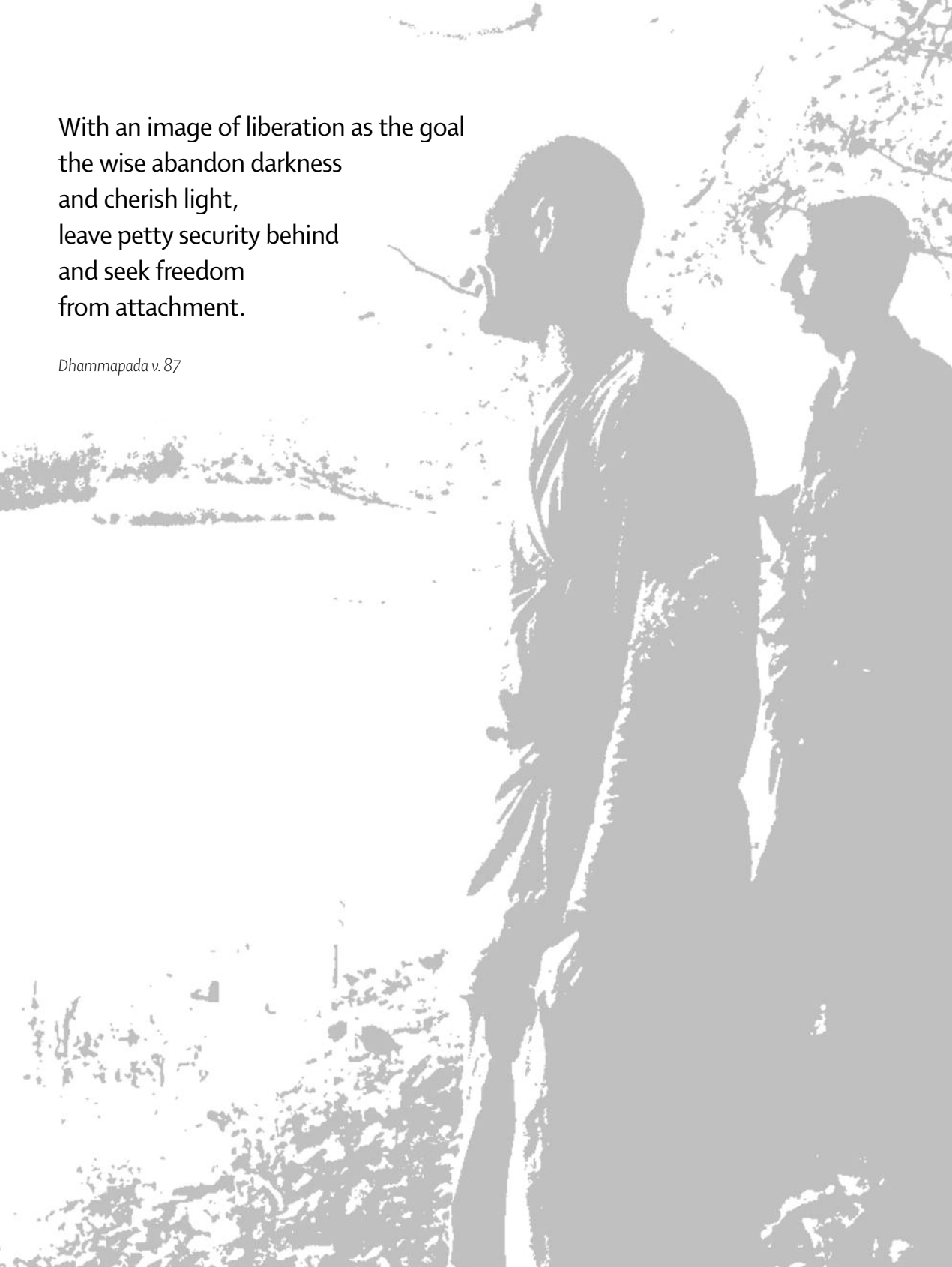


## August 2009/2552

S S M T W T F S S M T W T F S S M T W T F S S M  
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

With an image of liberation as the goal  
the wise abandon darkness  
and cherish light,  
leave petty security behind  
and seek freedom  
from attachment.

*Dhammapada v.87*



## September 2009/2552

T W T F S S M T W T F S S M T W T F S S M T W  
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30



Clear away the forests of craving  
but do not attack and destroy the trees.  
Clear the entire forest of craving  
and you will see the Way to freedom.

*Dhammapada v. 283*

## October 2009/2552

T F S S M T W T F S S M T W T F S S M T W T F S  
1 2 3 ⊛ 5 6 7 8 9 10 11 ◐ 13 14 15 16 17 ● 19 20 21 22 23 24 25 ◑ 27 28 29 30 31

\*Pavarana

Cultivate the company  
of those who support your aspiration  
for energetic practice of the teachings.

The beauty of pure conduct  
conditions whole-hearted well-being  
giving rise to complete freedom from remorse.

*Dhammapada v. 375-6*



## November 2009/2552-53

S M T W T F S S M T W T F S S M T W T F S S M  
1 3 4 5 6 7 8 9 11 12 13 14 15 16 18 19 20 21 22 23 24 26 27 28 29 30





We are our own protection;  
we are indeed our own secure abiding;  
how could it be otherwise?  
So with due care  
we attend to ourselves.

*Dhammapada v. 380*

**December 2009/2553**

T W T F S S M T W T F S S M T W T F S S M T W T  
1 3 4 5 6 7 8 9 11 12 13 14 15 17 18 19 20 21 22 23 25 26 27 28 29 30

## ASSOCIATED MONASTERIES

Western disciples of Ajahn Chah

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