

# Monthly Guide



International Buddhist Meditation Center

June 2010

928 S. New Hampshire L.A. CA. 90006

213.384.0850

# Palmo Chöling Munnery is growing

Two nuns have joined the training in IBMC's nun's community.

Bhikshuni Nguyen Huong from Viet Nam and Samanari Samadhi from Sri Lanka

Su Co Nguyen Huong, who was very helpful to Venerables Karuna and Chitta when they were in Viet Nam. She will be here to help Bhikshuni Chitta to train prospective Bhikshunis.





Samanari Samadhi comes to us from a Sri Lankan Arami, named Sri Yasodara Devi Aramaya in Aruggosa.. Sister Samadhi is studying English, at a local adult school and may be considered for Bhikshuni training in the coming months.

We welcome the new additions and look forward to the cultural ex-

change and sharing of our practices, common interest of the Buddhadharma and living the life of a Buddhist nun.



Samadhi, Karuna, Nguyen, and Chitta at Hsi Lai Temple

# Bodhi Tree Update

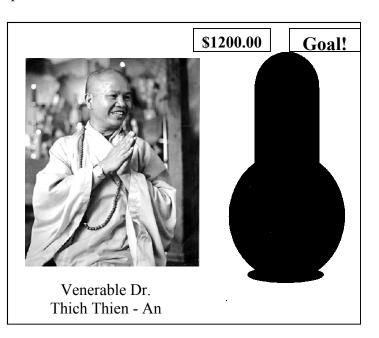
Thank you all so much for your generous donations and valued support in making our Bo Tree altar a beautiful and lasting tribute to Venerable Dr. Thich Thien- An, and Venerable Karuna Dharma's dedicated work, that has spanned over these 40 years.

Just like the work done by both; the foundation has been laid! The future is up to us - and up to you!

During the next months we will complete the altar where the Buddharupas will sit on all four sides of the Bo tree, and the area within the sema boundaries will be covered with beautiful tile.

Your prayers, dedications of merit, and continued support are still greatly needed and appreciated.

Thank you all for your continued support



## Venerable Karuna's 70th Birthday

Venerable Karuna celebrated her 70th birthday last month with friends, fun and the wonderful sounds of The Grove Alliance.

Below are some of the scenes of the day!



Sri Lanka family gathers around Ven. Karuna for a photo.

L-R- Pushpa Gavini, Samadhi Chrithana, Ven Shanti, Ronnashingha, and Ajhit. Center Ven. Karuna.







The Grove Alliance. Key boards-Reggie V. Bass- Ollie E. Vocals-Sherri H.



Ven. Karuna receives a Blessing from the Theravadan Monks.

Ven. Shanti ties the blessing string around Ven. Karunas' wrist.





Enjoying great conversation. And even a few laughs!

### Vesak retreat

IBMC's Vesak retreat was well at-



tended by some of the Monks of IBMC and a few people from Chitta Bhikshunis' Monday Night Class.

We were led in meditation by Ani Chitta and

in wonderful Kundalini Yoga breaks by Dharamjeet Kaur.

### SADU - SADU - SADU



SAT NAM

MAY THE LONG TIME SUN SHINE UPON YOU-MAY ALL

LOVE SUROUND YOU- AND THE PURE LIGHT WITHIN YOU- GUIDE YOUR WAY ON!

# Save The Date! August 28, 2010

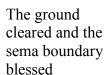
IBMC will celebrate it's 40th anniversary on Saturday August 28, 2010. with a formal Dana Ceremony for visiting Monks from Los Angeles Temples. We will have the unveiling and installation ceremony of our Bodhi Tree Altar and the Statue of Venerable Dr. Thich Thien-An, and maybe some surprise entertainment! We plan to have monks chanting from the three traditions and much dedication of merit! We invite you to attend.

Anyone wishing to make donations to the supporting of the monks and IBMC may send their tax deductible donations to the temple.



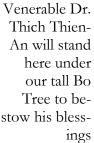
Our Generous Donors of time and skill.

Su Co Dieu Dao, and her construction crew





The foundation Poured





### June Events

10 AM - 108 Bows

10:30 AM - Meditation

### 11 AM - Sunday Dharma Talks

6/6 - Ven. Kusala Bhikshu

6/13 - Ven. Havanpola Shanti

6/20 - Ven. Havanpola Shanti

6/27 - Ven. Karuna Dharma

### **Meditation Times**

**Tara Chanting** - Palmo Ling Nunnery **Wednesday** & **Friday** at 7 **PM** - Led by Chitta Bhikshuni

Friday: 7:30 PM Zendo - led by Ven. Kusala

**Sunday:** 10:30 **AM** & 7:30 **PM** Zendo - led

by Ven. Kusala

### **IBMC Classes**

**Mon.7 PM** - Tibetan Buddhism - Palmo Chöling Nunnery - Led by Bhikshuni Chitta Karuna

**Wed. 7:30 PM** - Everyday Buddhism - Zendo - Led by Ven. Kusala Bhikshu

**Sat 9 AM -** Kundalini Yoga- Palmo Chöling Nunnery - Led by Dharamjeet Kaur

### IBMC eMail addresses

Ven. Karuna's eMail: karunadh@ca.rr.com Ven. Shanti's eMail: hshanti1@yahoo.com Rental office eMail:

dougibmc@yahoo.com

IBMC temple eMail: ibmc09@yahoo.com

### **IBMC** Web Pages:

www.ibmc.info www.karunadharma.info www.urbandharma.org http://palmoling.tripod.com http://bsila.tripod.com

# **Prison Dharma,** a column devoted IBMC's Prison Outreach Ministry.

Thank you all for sending in your corrected addresses our return rate is getting lower - We will continue the request until August, the scheduled date of the new publication. If you have not been receiving your guides, or know someone who is not, please send us your correct address. **Please Include Institution Name written out fully** Any Guides coming back will be removed from the mailing list.

# URGENT NOTICE [Info Updated please read]: To All Students please send IBMC your correct Name, ID Number, and please include you facility name, even if you have been receiving your guides Please send this information by or before August 1, 2010. Our new mail list will be updated in August. Only names received will be continued on the mail list. To save postage you may mention in your letters to Ven. Karuna that your mailing address is correct and you wish to remain on the mail list, please state it at the beginning of the letter. Or include separate page Thank you for you help in keeping the Prison Dharma Outreach Program a viable part of IBMC's Dharma work

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Please continue send your writings, poems, and art, for inclusion in our new quarterly publication. Submit any ideas you might like to see in the Guide, Send all letters to IBMC, 928 S. New Hampshire Ave., Los Angeles CA. 90006:Marked: "Attn. Monthly Guide"

See You Along The Path...

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